

## Martlets at Home

We provide end of life care services for adults with terminal illness. Our facilities include an 18 bed InPatient Unit, Day Hospice and Martlets @ Home Service. Practical and emotional support is also offered to the families and carers of our patients including helping them through bereavement.

Our main aim is to maximise the quality of life for our patients and we strive to support patient choice, dignity and independence in all we do. We are a registered charity and all our services are provided free of charge. We must raise over £9,000 a day to care for our patients, local community support is essential to our survival.

If you would like to make a donation to the Martlets please visit our website [www.themartletshospice.co.uk](http://www.themartletshospice.co.uk) or call our Fundraising Office 01273 747455.

The Martlets Hospice  
Wayfield Avenue  
Hove  
BN3 7LW  
Tel 01273 273400  
Email: [enquiries@themartletshospice.co.uk](mailto:enquiries@themartletshospice.co.uk)  
Web: [www.themartletshospice.co.uk](http://www.themartletshospice.co.uk)

## Information for Patients & their Families



  
**Martlets**  
Hospice  
Life is precious... right to the end

# Information for Patients & their Families

## Welcome to the Martlets at Home service

Martlets at Home offers specialist, short term end of life nursing care to people living in Brighton & Hove, Peacehaven and Newhaven. We're an experienced team of nurses and nursing auxiliaries caring for our patients and their families in the comfort of their own home. We work in partnership with patients, their families, carers and professionals to meet the individual needs of each patient. We believe in promoting quality of life, in relieving distressing symptoms and easing pain. Our team provide 7 days a week, 365 days a year.

### Who we care for

Our patients live within Brighton & Hove and Havens; they are aged 18 or over. We care for patients who have a terminal cancer diagnosis or any other illness that needs specialist palliative care. This may be patients who wish to die at home, or need additional short-term support, patients who have been discharged from the hospital, Martlets InPatient Unit or patients on the Martlets waiting list. We

don't just care for our patients; we're here for the family as well.

### What kind of care do we provide?

The team provides physical care, emotional and social support, as well helping to control any symptoms our patients may have. We offer complementary therapists for home visits, although this is not available in the Havens. The GP is responsible for our patients' care in the community. Care is reviewed after a week, should a patient's condition stabilise they may be discharged, however patients can be readmitted if the situation changes.



### When are we available

The Martlets at Home team provides care, 7 days a week. We can provide over night care for the patient and their family, this is supported by the 'out of hours' District Nursing Service. We always work closely with the District Nursing team to make sure that the patient receives the level of care they need. With your consent your details will be shared with professionals involved in your care. Our office is open between 8am & 9pm every day, our patients and their families are welcome to call with any concerns or worries.

### Who we are

The team includes experienced nurses and nursing auxiliaries, who are supported by the Hospice's Medical Consultants, Social Workers, Chaplain, Occupational Therapists, Macmillan nurses and Physiotherapists.

### How to refer

Patients are referred to us who require specialist palliative care; this may be due to an advanced cancer diagnosis or any other condition that needs our specialist care and support. Patients are referred to us by District Nurses, GPs, Macmillan Nurses or End of Life Care specialists.

### How much does the service cost?

All our services are provided free of charge however we are a registered charity and must raise over £9,000 a day to care for our patients. If you'd like to support us or make a donation please talk to a member of the team. Contact Us 01273 273400.



## Any Questions? Contact Us

 **01273 273400**

If you have any questions or you'd like to talk to a member of the Martlets at Home team please get in touch. We're available seven days a week 8am – 9pm, if it's urgent the receptionist can always contact us on our mobiles.