

We provide end of life care services for adults with terminal illness. Our facilities include an 18 bed InPatient Unit, Day Hospice and Martlets @ Home Service. Practical and emotional support is also offered to the families and carers of our patients including helping them through bereavement.

Our main aim is to maximise the quality of life for our patients and we strive to support patient choice, dignity and independence in all we do. We are a registered charity and all our services are provided free of charge. We must raise over £8,500 a day to care for our patients, local community support is essential to our survival.

If you would like to make a donation to the Martlets please visit our website www.themartlets.org.uk or call our Fundraising Office 01273 747455.

The Martlets Hospice
Wayfield Avenue
Hove
BN3 7LW
Tel 01273 273400
Email: enquiries@themartletshospice.co.uk
Web: www.themartlets.org.uk



Martlets Hospice InPatient Unit

Information for Patients and their Carers



Information for Patients and their Carers

Admission

Reasons for admission

Patients are admitted for a variety of reasons, for example, symptom control, psychological or emotional support, specialist assessment or monitoring and for end of life care. If you and your carers would like to visit the Martlets before you're admitted please let us know.

On Admission

You'll be seen by one of our nurses and our Doctor, they'll ask you about your illness, and how you've managed at home and answer any questions you might have.

Your Medicines and Belongings

Please bring your current medicines when you are admitted. During your admission you may need the following items: toiletries; night clothes; day clothes; spectacles. Please don't bring valuable items into the Hospice, we cannot take responsibility for them.

“ Few people realise that nearly 50% of our patients are discharged from the Hospice. ”

The Hospice Staff

While in the Hospice you will have access to a wide range of staff including doctors, nurses, physiotherapist, occupational therapist, social worker, chaplain, counsellor and complementary therapist. Registered nurses wear royal blue uniforms and the auxiliary nurses wear pale blue. All staff wear identity badges showing their name and profession.

Discharge Planning

Few people realise that nearly 50% of our patients are discharged from the Hospice. This may be to go home, to a family member's home or a nursing home. Patients may still be able to access other Hospice services when they have left the InPatient Unit. If discharge is being considered, it will be discussed and planned with you and your carer.



Essential Information

Meal Times

Meals are served at set times and a wide choice of meals are available each day. Any dietary needs can be catered for. Hot and cold drinks are served mid-morning and mid-afternoon.

Visiting Times

On each visit please report to the Nurses Station and sign in on arrival. We have no set times for visiting - however we do prefer visitors not to come between 12.15pm and 1.45pm or after 9pm, except in special circumstances.

Children are very welcome, well behaved pets can also visit, provided they are kept on a lead at all times. Limited overnight accommodation is available, a contribution of £10 per night is appreciated.

Our Facilities & Services

Beds

We have 18 beds on the InPatient Unit, a mix of single rooms and two single sex wards with four beds. Everyone has their own TV, DVD player and telephone. Beds are allocated to meet individual need.

Smoking

Within the Hospice there is a no smoking policy - a smoking room is provided for use by patients only. Visitor smoking is permitted only in the car park or in the allocated area in the garden.

Laundry

We supply face cloths and towels, but ask that personal laundry be dealt with by the patient's carers. If this is not possible please mark all items with the patient's name so it can be clearly identified when we launder it.

Any Questions? Contact Us

 01273 273400

If you have any questions please feel free to ask a member of staff, at any time, to discuss your concerns. You can also call the InPatient Unit to talk through any of your concerns. We're here to help you.